

4 FOUR SQUARE

Specials available North Island only
from Monday 16th December until
Sunday 22nd December 2019 or while stocks last.

16TH DECEMBER — 22ND DECEMBER 2019

MERRY CHRISTMAS!



Just Juice
2.4L/McCoy
2L

4⁷⁹
ea



**Nestle
Scorched
Almonds** 240g

5⁴⁹
ea



100% NZ
GROWN

2 FOR

**Green, Red,
Yellow Capsicum**

3⁰⁰



**Tip Top Ice
Cream** 2L

5⁹⁹
ea



**Eta Ripple
Cut/Thick
Cut Potato
Chips** 150g

2 FOR

3⁰⁰



TURN TO
PAGE 3
FOR MORE
DETAILS



**Lindauer Special
Reserve Range**
750ml (Excludes
Standard/Free Range/
Vintage Series)
**Villa Maria Private
Bin Range** 750ml
(Excludes Pinot Noir/
Syrah)

11⁹⁹
ea



Heineken
330ml
12 Pack Bottles

22⁹⁹
pk

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FLIP TO PAGE 5 FOR OUR FEATURED RECIPE!

FRESH FOODS



Pams White Washed Potatoes
2.5kg

4⁹⁹ ea



Pams Fresh Blueberries
125g

2⁹⁹ ea



Pams Fresh Mesclun Salad 120g

2⁹⁹ ea



Beef Sirloin Steak
Vac Pac

33⁹⁹ kg



Lamb Shoulder Chops
Vac Pac

21⁴⁹ kg



Hellers Meatballs 420g/
Burger Patties 400g

8⁹⁹ ea



Kingfisher Cooked & Peeled Shrimps
300g

6⁹⁹ ea



Pams Finest Premium Frozen Raw Jumbo Prawn Cutlets 500g

15⁷⁹ ea



Pams Hot Smoked Salmon Portion 150g
Natural/Pepper

10⁴⁹ ea



Pams Frozen Chicken
1.5kg

7⁹⁹ ea



Pams Fries 1kg

2⁷⁹ ea



Pams Mini Eclairs
250g

3⁹⁹ ea

BE IN TO

WIN

A \$250
FOUR SQUARE
VOUCHER



Christmas Trimmings



Cadbury Marshmallow Santas 175g 5s

4⁴⁹
ea



Friedel Hollow Chocolate Santa 60g

1⁹⁹
ea



Kinder Santa 45g 3s

2⁹⁹
ea



Toblerone 360g

8⁹⁹
ea



Lindt Lindor Pouch Packs 123g-125g

6⁹⁹
ea



Arnott's Assorted Creams 500g

6⁹⁹
ea



Doulton Luxury Assorted Chocolates 180g

5⁴⁹
ea



Cadbury Christmas Friends 100g

3⁴⁹
ea



Oki Doki Candy Canes 120g

1⁹⁹
ea



Lambertz Chocolate Biscuit Box 200g

4⁹⁹
ea



Paterson's Shortbread Fingers 380g

3⁹⁹
ea



Monetta Chocolate Wafers 350g

4⁹⁹
ea



Cadbury Roses 225g

6⁹⁹
ea



Cadbury Favourites 265g

6⁹⁹
ea

Cadbury



THE COLOUR PURPLE IS A TRADE MARK USED UNDER LICENCE.

TO ENTER THE DRAW, SIMPLY SPEND \$20 IN-STORE, WRITE YOUR NAME AND PHONE NUMBER ON THE BACK OF YOUR RECEIPT, AND DROP IT INTO THE ENTRY BOX AT CHECKOUT. * WINNERS WILL BE DRAWN ON MONDAY 23RD DECEMBER AND CONTACTED BY PHONE. * \$20 spend excludes Tobacco, Lotto and Gift Cards. One entry per eligible transaction. Promotion runs from 9/12/19-22/12/19 in Four Square North Island stores only. 1-3 gift cards to be won per store. For full terms and conditions visit foursquare.co.nz

Don't forget about Santa's milk and cookies!

Mix and Match Shortbread

Ingredients: (makes 26 biscuits)

250g Pams butter, softened
 ¾ cup Pams white sugar
 2 cups Pams plain flour
 ½ cup cornflour
 70g Pams Cashew Nuts (chopped)
 200g Pams finest white chocolate block, roughly chopped

Method:

Preheat oven to 160°C. Line a baking tray with baking paper
 In a mixing bowl, beat the butter and sugar until pale and creamy.
 Mix in the flour and lastly the cashew nuts.
 Lightly knead the dough and then roll out to approximately 1cm thick.
 Using a cookie cutter, cut out shapes and place them on the lined baking tray.
 Sit the tray somewhere cool or refrigerate for 15 minutes, as this will prevent the biscuits from spreading when cooked.
 Bake for 15 minutes until very lightly coloured and transfer the biscuits to a wire rack to cool.
 When the biscuits are cool, drizzle melted chocolate over the biscuits, or feel free to get creative with it! Allow to set at room temperature before storing in an airtight container.

Head to pams.co.nz/inspirations for more recipes like this one!



**Pams
Cashew
Nuts** 70g

2⁴⁹
ea



**Pams
Flour** 1.5kg
(Excludes
Self Raising)

2¹⁹
ea



**Westgold
Butter** 400g

5⁹⁹
ea



**Pams
Gluten Free
Dark Fruit
Christmas
Cake** 500g

9⁸⁹
ea



**Ernest Adams
Uniced Rich
Fruit Cake** 1kg

13⁹⁹
ea



**Ernest Adams
Rich Fruit
Christmas
Pudding** 325g

5⁹⁹
ea



**Ernest Adams
Brandy Snaps**
8 Pack

4⁶⁹
ea



**Ernest Adams
Tarts** 360g
6 Pack

3⁹⁹
ea



**Ernest Adams
Christmas
Bites** 12 Pack

3⁹⁹
ea

Christmas Trimmings

Xmas Tip Reuse, reuse, reuse!

Not long to go until the big day, and here's a tip for afterward! When taking your tree down, wrap your lights around a spare coat hanger to save you time spent detangling in 2020! You can also reuse single-use cups or empty egg trays to store delicate baubles. ★ ●●●

Xmas Essential!



Pams Cream 500ml



Anchor Vanilla Flavoured Custard 600g

3⁴⁹ ea



Huntley & Palmers Crackers 200g-300g/**Griffin's Meal Mates** 230g/**Snax Original** 250g

2⁹⁹ ea



Pams Finest Southern Alps Camembert 125g

3⁹⁹ ea



Cadbury Block Chocolate 150g-180g

2⁹⁹ ea



Nestle Novelty Bars 45g-52g (Excludes King Size/Ruby Cocoa Beans)

1¹⁹ ea



Adams Bruce Iced Christmas Cake 1kg

13⁶⁹ ea



Ernest Adams Mini Christmas Puddings 550-700g

8⁹⁹ ea



Ernest Adams Mini Christmas Tarts 4 Pack

3³⁹ ea



Edmonds Tarts 405g 6 Pack

4⁹⁹ ea



Ernest Adams Uniced Fruit Cake 1kg

13⁹⁹ ea



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CHILLED & FROZEN



**Fresh'n Fruity
Yoghurt** 1kg
(Excludes Greek
Style)

4⁹⁹
ea



**Meadow Fresh
Sour Cream** 125g

1⁶⁹
ea



**Sanitarium
Up & Go**
500ml Bottle
(Excludes
Energize)

4⁴⁹
ea



**Meadow Fresh
Sour Cream/
Cottage Cheese/
Tatarua Dips**
250g
(Excludes Tatarua
Dips with Bits)

3⁰⁹
ea



**Pams Finest
Ice Cream**
900ml

6⁹⁹
ea



**Pams
Cheesecake**
450g

6⁴⁹
ea



**Pams
Cornet
Cones** 30s

3²⁹
ea



**Tip Top Ice
Cream** 2L

5⁹⁹
ea



**Meadow Fresh
Cream Cheese**
250g

3⁹⁹
ea



**Mediterranean
Dips** 135g

4²⁹
ea



**Tip Top
Supersoft/
Goodness
Grains
Bread** 700g

3⁶⁹
ea



**Freya's
Bread** 750g
(Excludes
Lower Carb)

3⁹⁹
ea

★ PANTRY ★



Eta UpperCuts
140g/150g/
Tortilla Chips
150g/Peanuts
200g

2⁷⁹
ea



**Eta Sweet
& Salty
Mix** 150g/
**Kettle Chip
Company
Potato Chips**
150g

3²⁹
ea



**Arnott's
Chocolate
Biscuits** 165g-200g
(Excludes Chocolicious)

2⁹⁹
ea



Doritos
150g/170g

2⁴⁹
ea



Proper Crisps
140g/150g (Excludes
Purple/Gold Cracked
Pepper & Sea Salt/
Org Marl Sea Salt
150g)

4⁵⁹
ea



**Griffin's Choc Chippies/
Stripes/Hundreds
& Thousands** 200g/
**Gingernuts/Milk
Arrowroot/Malt/Krispie/
Shrewsbury/Wine
Biscuits** 250g
(Ex. Choc K/Gnut fng)

2⁴⁹
ea

Eta

IT'S RIPPLE SEASON



**Eta
Ripple/
Thick Cut
Potato
Chips**
150g

2 FOR

3⁰⁰



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★ PANTRY ★



**Pams
Flour** 1.5kg
(Excludes Self
Raising)

2¹⁹
ea



**Sanitarium
Weet-Bix** 750g
(Excludes Organic)

5²⁹
ea



**Pams
Light and
Fruity
Cereal** 450g

4⁷⁹
ea



**Pams
UHT
Soy Milk** 1L

2⁴⁹
ea



**Gregg's
Herbs/Spices
Packets**
10g-40g

2³⁹
ea



**Pams Peaches/
Pears/Fruit
Salad/Apricots**
380g-410g (Excludes
Tropical Fruit Salad)

1³⁹
ea



**Pams Super
Foods Instant
Rice** 250g

2⁹⁹
ea



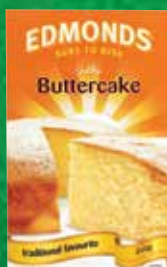
**Moccona
Freeze Dried
Coffee Refills**
75g/90g

10⁴⁹
ea



**Pams
Baked Beans/
Spaghetti** 425g
(Excludes with
Sausages)

1⁴⁹
ea



**Edmonds
Classic
Butter/
Chocolate
Cake Mix**
340g/370g

3⁴⁹
ea



**Edmonds
Shaker
Pancakes**
325g/350g

3⁴⁹
ea



**Watties
Pasta Sauce**
420g

2⁶⁹
ea

★ PANTRY ★



**McCoy
Juice/
Drink** 1L
(Excludes
Chilled)

2⁹⁹
ea



**Kiwi Blue
Still Spring
Water** 1.5L

1⁷⁹
ea



**Pump/
Pumped**
750ml

2⁷⁹
ea



**Mizone Sports
Water** 750ml/
Gatorade 600ml/
Ovi Hydration
Infused Water
500ml

2⁴⁹
ea



**Keri Fruit
Juice/Drink** 1L
(Excludes Premium
Juice)

2⁴⁹
ea



Powerade
750ml

3⁸⁹
ea



**Coca-Cola/
Sprite/L&P/
Fanta/Lift** 1.5L

2⁹⁹
ea



**Live+/Mother
Energy** 500ml

2²⁹
ea



**V Energy
Drink**
350ml/500ml
Bottles

2⁹⁹
ea



**Pick up a SIM Card
or top up in store!**



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HOUSEHOLD & PERSONAL



**Clairol
Nice'n Easy
Hair Colour**

10⁹⁹
ea



**Dove
Beauty Cream
Bar 2s**

3⁴⁹
ea



**Value
Toilet Tissue**
12s

3¹⁹
ea



**Colgate Total
Dental Floss
Waxed 25m**

3⁹⁹
ea



**Pams
Resealable
Storage Bags**
15s/Sandwich
Bags 30s

1⁹⁹
ea



**Pams
Baking Paper
Refill 10m**

3⁴⁹
ea



**Palmolive
Naturals Shampoo/
Conditioner 350ml/
Shower Milk 500ml**
(Excludes Kids Shampoo)

5⁴⁹
ea



**Aerogard
Insect
Repellent**
135ml

7⁵⁹
ea



Airwick Aerosol
237g/Harpic
Fresh Power
Toilet Cleaner
450ml

2⁴⁹
ea



Fancy Feast
85g/Friskies
156g Cat Food
Can

1³⁹
ea



**Hound Log
Cat/Dog Food
Roll 3kg**

6⁹⁹
ea



**Treasures
Convenience
Pack
Nappies**
14s-16s

8⁹⁹
ea

BEER



Scrumpy Cider 1.25L

8⁹⁹
ea



Victoria Bitter
375ml
6 Pack Cans

11⁹⁹
pk



Monteith's
330ml
6 Pack Bottles
(Excludes Mixed Pack)

13⁹⁹
pk



Mac's
330ml
6 Pack Bottles

13⁹⁹
pk



**Speight's/
Lion Red*/
Waikato***
330ml
12 Pack Bottles
(Excludes Craft/
Cider)

19⁹⁹
pk



Tui Pale Ale
330ml
12 Pack Bottles

19⁹⁹
pk



**DB
Export Gold**
330ml
12 Pack
Bottles

19⁹⁹
pk



**Panhead
Craft**
330ml
6 Pack Bottles
(Excludes Ratrod)

20⁰⁰
pk



Carlsberg
330ml
12 Pack
Bottles

21⁹⁹
pk



**Steinlager
Classic**
330ml
12 Pack
Bottles

21⁹⁹
pk



**DB
Export 33**
330ml
12 Pack
Bottles

22⁹⁹
pk



Stella Artois
330ml
12 Pack
Bottles

22⁹⁹
pk



**Steinlager
Pure**
330ml
12 Pack
Bottles

22⁹⁹
pk



**Corona
Extra**
355ml
12 Pack
Bottles

27⁹⁹
pk



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WINE



McGuigan Private Bin Range 750ml

7⁹⁹
ea



White Label Range 750ml

7⁹⁹
ea



Montana Classics Range 750ml
(Excludes Winemakers' Series/Reserve/ NZ Collection)

8⁹⁹
ea



Jacob's Creek Range 750ml
(Excludes Sparkling/ Reserve/ Double Barrel)

8⁹⁹
ea



Ngatarawa Stables Range 750ml
(Excludes Reserve)

9⁹⁹
ea



Selaks Premium Selection Range 750ml
(Excludes Reserve/ The Taste Collection)

9⁹⁹
ea



Banrock Station Range 750ml

9⁹⁹
ea



Lindauer Standard Range 750ml
(Excludes Special Reserve/Vintage Series/Free Range)

10⁹⁹
ea



Dashwood Range 750ml
(Excludes Pinot Noir)

11⁹⁹
ea



Wither Hills Range 750ml
(Excludes Pinot Noir)

12⁹⁹
ea



The People's Range 750ml
(Excludes Pinot Noir/ Methode)

12⁹⁹
ea



Yealands Range 750ml
(Excludes Pinot Noir/Syrah/Reserve/ Sparkling)

12⁹⁹
ea



Selaks Reserve Range 750ml
(Excludes Syrah/The Taste Collection)

12⁹⁹
ea



The Ned Range 750ml
(Excludes Pinot Noir/ Chardonnay)

14⁹⁹
ea



Church Road Range 750ml
(Excludes Pinot Noir/ Syrah/Grand Reserve/ McDonald Series)

15⁴⁹
ea



Daniel Le Brun Methode Traditionnelle Brut NV 750ml

20⁹⁹
ea



Country Cask Range 3L

23⁹⁹
ea

Wine & Beer only available at stores with an off licence. Wine & Beer purchases restricted to persons aged 18 years old and over. Liquor may only be sold during the hours specified in the store licence. *Available at participating stores.

